

2024





Challenge

Introduction

This is a special Challenge designed for our adult branches -
Link and Trefoil Guild!

Take this opportunity to learn about one another
and share in the sisterhood of Guiding.

To complete this Challenge:

1. Complete 5-7 activities, with at least 2 from each section.
2. Share your activities! Post photos to social media, use the hashtag #linktrefoil so we can all share in the fun!
3. Remember your participation by purchasing the crest from the Girl Guide Store.

Link/Trefoil

1 - In person or virtual?

- a. Research the adult units in your area, both Link and Trefoil. What are your options? Do they meet in-person or virtually?

2 - Urban scavenger hunt

- a. What is special or unique about where you live? Create an urban scavenger hunt to show those things off!
- b. Invite your local Link unit or Trefoil Guild to participate in the scavenger hunt. Share your photos with each other, with bonus points for creativity!

3 - Share info about your community/fave spots

- a. Where do you hang out? What do you like about it? Make a list, or mark on a map your favourite spots around town. Share with your local Link unit or Trefoil Guild and who knows? You may start seeing each other around town more often.

4 - Share your favourite Guiding memory and/or tradition.

- a. Take only memories, leave only footprints. Get together and share your favourite Guiding memories. What made them memorable? Feel free to make this a show and tell, let's reminisce!

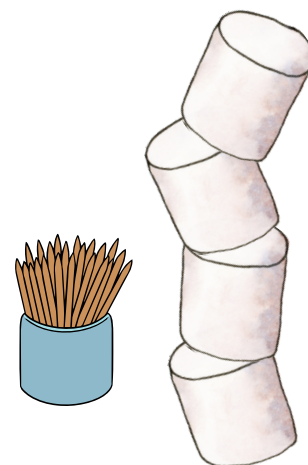
Fun Together

1 - Bridging Activity!

Get together with your Link unit and Trefoil Guild and get building. Use your STEM skills to reach for the stars.

What you'll need:

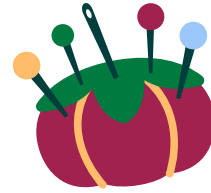
- Groups of 4 people
- 1 bag of mini marshmallows per group
- 50 toothpicks per group



What you'll do:

- a. Using only toothpicks and marshmallows, build the tallest, free-standing structure you can.
- b. Nothing else can be used, your tower must consist of marshmallows and toothpicks only.
- c. It must be free-standing, it cannot lean against anything for support, or be fortified by any means.
- d. Take a picture of your structures and share online, let's see how tall we can get.

The winner is the group with the tallest structure!



2 - Let's get crafty!!

- a. Make a hat craft or SWAP and share it with your local Link unit or Trefoil Guild. Be sure to include instructions so they can pass it on.



3 - Mocktail party!

- a. Research mocktail recipes, choose one and make it together.
- b. Take a picture of your creation and share online.
Be sure to include the recipe!
- c. Consider hosting a mocktail mixing night with your local Link unit or Trefoil Guild.

4 - Did you know there is a Link program?

- a. Check it out, choose an activity and do it together.
It can be found here:

[Link Program](#)



5 - Check out all the Girl Guide Challenges from across the country!

- a. Choose one and complete at least one activity together. They can be found here:

[British Columbia](#)

[Ontario & Nunavut](#)

[Quebec](#)

[Alberta & NWT & Yukon](#)

[Nova Scotia](#)

[Manitoba](#)

[Newfoundland & Labrador](#)

[Saskatchewan](#)

[New Brunswick & PEI](#)

6 - Girl Boss: Let's learn from one another for professional development!

- a. Share a favourite book or podcast that has helped you in your career/field of study. Talk about why it was so important to you.
- b. Keep a list of everyone's choices and share it with everyone.

Thank you for participating in the Link & Trefoil Challenge. Please take a moment to fill out the survey to let us know your thoughts.

<https://survey.alchemer-ca.com/s3/50258506/Trefoil-Link-Challenge-Survey>



Don't forget to purchase the Link/Trefoil Challenge crest from the Girl Guide Store.
<https://positiveidentity.com/ggcontariomerchandise/contents/en-us/p68.html>

